

**Cottontail Swim & Racquet Club, Inc.**  
**Polar Bear Plunge 2021**

The Cottontail Board of Directors is charged with the management of the club and is the creator and final arbiter of all rules and regulations. The following rules exist to ensure the safety of all members, guests, and employees and to promote an enjoyable environment for everyone. Individuals who do not adhere to the rules will be advised by the lifeguard on duty and the individual(s) may be ejected from the property.

**ADMITTANCE**

- Cottontail Swim & Racquet Club is a private recreation club. Admission to the Polar Bear Plunge (the Event) is limited to members and guests.
- Single Bear Plunge fee is \$10 (1 person plunging)
- Family Bear Plunge fee is \$25 (3+ people of same household plunging)

**GENERAL**

- Members and guests (participants) are expected to maintain behavior appropriate for the safe, fun, family-friendly Cottontail community.
- Conduct anywhere on the premises that is deemed to be unsafe or unhealthy is not permitted.
- Conduct anywhere on the premises that interferes with the enjoyment and/or safety of others will not be tolerated.

**COVID-19**

All participants will be screened prior to the start of their session. If any participant is currently experiencing Covid-19 symptoms they will be denied access to Cottontail Swim & Racquet Club and all activities.

In addition, all participants must wear masks over their nose and mouth (except while in the water) in accordance with section II of Executive Order 72, Fourth Amended, AND all participants who are not family members as defined in Executive Order 72 must maintain at least **ten** feet of physical distancing between each other at all times.

**WAIVER and RELEASE**

I, \_\_\_\_\_ (print name), am voluntarily participating in the Event with full knowledge of the inherent risks, hazards, and dangers involved and hereby assume and accept any and all risks of injury, paralysis, or death that may result from my participation in the Event. I agree to abide by all Cottontail Swim & Racquet Club, Inc. rules, regulations, and guidelines.

I, for myself, my heirs, successors, executors, and superiors, hereby knowingly and intentionally waive and release, indemnify, and hold harmless Cottontail Swim & Racquet Club Inc., or any of its officers, agents, affiliates, employees, contractors, sponsors, or volunteers, from and against any and all claims, actions, causes of action, liabilities, suits, expenses (including reasonable attorney's fees) and negligence of any kind or nature, whether foreseen or unforeseen, arising directly or indirectly out of any damage, loss, injury, paralysis, or death to me or my property as a result of participation in the Event whether such damage, loss, injury, paralysis, or death results from the negligence or other acts however caused by or contributed to by the Cottontail Swim & Racquet Club Inc., and all related entities named above, or from some other cause. I, for myself, my heirs, my successors, executors, and superiors, further agree not to sue Cottontail Swim & Racquet Club Inc., its officers, agents, affiliates, employees, contractors, sponsors, or volunteers, as a result of any injury, paralysis or death suffered in connection with my participation in the Event. I attest that I am of the age of 18 years or older.

**I have carefully read, clearly understand, and voluntarily sign this waiver and release agreement.**

Signature & Date \_\_\_\_\_

Print Name \_\_\_\_\_ E-Mail Address/Phone \_\_\_\_\_

Street Address \_\_\_\_\_

City, State Zip \_\_\_\_\_

**If under 18 years of age, parent or guardian must sign the following Indemnification:**

In consideration for the above minor being permitted to participate in the Event, I agree to the following waiver, release and indemnification: The undersigned parent/guardian of the above minor, for himself/herself and on behalf of said minor hereby joins in the foregoing waiver and release and hereby stipulates and agrees to save and hold harmless, indemnify, and forever defend Cottontail Swim & Racquet Club Inc. and any of its officers, agents, affiliates, employees, contractors, sponsors, or volunteers, from and against any and all claims, actions, demands, expenses liabilities (including reasonable attorney's fees) and negligence made or brought by said minor or by anyone on behalf of said minor, as a result of said minor's participation in the Event. I, for myself and on behalf of said minor, further agree not to sue Cottontail Swim & Racquet Club Inc.. or any of its officers, agents, affiliates, employees, contractors, or volunteers, as a result of any injury, paralysis or death that said minor suffers in connection with participation in the Event.

Signature of Parent/Guardian of Minor & Date \_\_\_\_\_

Print Name of Parent/Guardian \_\_\_\_\_

Print Name of Minor \_\_\_\_\_

Witness & Date \_\_\_\_\_

# Cottontail Swim & Racquet Club

## Covid-19 Health Questionnaire

Name \_\_\_\_\_

Are you currently experiencing a fever of 100.4 degrees Fahrenheit or higher?

Y

N

Do you feel a sense of having a fever?

Y

N

Do you have a new cough that cannot be attributed to another health condition?

Y

N

Do you have a new shortness of breath that cannot be attributed to another health condition?

Y

N

Are you experiencing new chills that cannot be attributed to another health condition?

Y

N

Do you have a new sore throat that cannot be attributed to another health condition?

Y

N

Do you have new muscle aches that cannot be attributed to another health condition or specific activity such as physical exercise?

Y

N

Have you been in close contact with anyone who has Covid-19 in the past 14 days?

Y

N

Have you been tested positive with Covid-19 in the past 14 days?

Y

N

Are you awaiting Covid-19 test results?

Y

N