

FINAL

2023 Cottontail Cobias Swim Team Calendar (Division 7)

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UPDATED - 28MAY2023

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
21 MAY	22	23	24	25	26	27 Pool Opens
28	29 <i>Memorial Day</i>	30 S1 practice BEGINS New Swimmer Evaluations	31 S1 practice New Swimmer Evaluations	1 JUNE S1 practice	2 S1 practice	3
4	5 S1 practice	6 S1 practice	7 S1 practice	8 S1 practice	9 S1 practice	10 TIME TRIALS @ CT at 8:00 am Set-up at 7:00 am Swimmers arrive by 7:30 Theme: Blue and Yellow
11	12 S1 practice	13 S1 practice	14 S1 practice	15 S1 practice	16 A Meet Only Swim Practice 13&Over: 4:45-5:20 12&Under: 5:20-5:45 PEP RALLY & Pasta Potluck 6-7:30 pm	17 A Meet #1 Ravensworth Farm @ CT Theme: Neon
18	19 S2 practice BEGINS S3 practice BEGINS B Meet CT @ Foxhunt	20 S2, S3 practice Bagel Breakfast	21 S2, S3 practice Rising 7th & 8th grade dinner @ 5:30	22 S2, S3 practice Rising 9th - Seniors dinner @ 5:30	23 S2, S3 practice Pancake Breakfast	24 A Meet #2 CT @ Fairfax Theme: Suit & Tie
25	26 S2, S3 practice B Meet Walden Glen @ CT	27 S2, S3 practice Bagel Breakfast	28 S2, S3 practice Divisional Relays @ Springboard	29 S2, S3 practice	30 S2, S3 practice Pancake Breakfast PEP RALLY 6-7 pm	1 JULY A Meet #3 Springboard @ CT Theme: USA - Red, White & Blue
2	3 S2, S3 practice B Meet CT @ Crosspointe	4 S2, S3 practice Bagel Breakfast	5 S2, S3 practice	6 NO PRACTICE Picture Day - Arrival 7:15 AM Rally in the Alley 12&Under @ Orange Hunt	7 S2, S3 practice Pancake Breakfast PEP RALLY 6-7 pm	8 A Meet #4 Brandywine @ CT Theme: TBD Midnight Swim Team Party 8pm - 12am
9	10 S2, S3 practice B Meet Newington Forest @ CT	11 S2, S3 practice Bagel Breakfast	12 S2, S3 practice All Star Relays @ Hamlet	13 S2, S3 practice KINGS DOMINION	14 S2, S3 practice Pancake Breakfast	15 A Meet #5 CT @ Poplar Heights Theme: Superhero / Disney
16	17 S2, S3 practice IM Carnival @ Walden Glen	18 S2, S3 practice Bagel Breakfast	19 S2, S3 practice	20 DIV Swim Practice S3 Practice	21 DIV Swim Practice MINI Meet 9:30 AM	22 Divisionals @ Poplar Heights Theme: Blue and Yellow Awards Banquet - 6 pm Awards Ceremony & Slide Show
23	24 Individual All Star Practice	25 Individual All Star Practice	26 Individual All Star Practice	27 Individual All Star Practice	28 Individual All Star Practice	29 ***INDIVIDUAL ALL STARS *** @ Orange Hunt

Practice Schedules:

S1	13 & Up	4:00 - 4:45 pm
	11-12	4:45 - 5:30 pm
	9-10	5:30- 6:15 pm
	8&under	6:15 - 7:00 pm
S2	8 & under	7:30 - 8:15 am
	9-10	8:15 - 9:00 am
	11-12	9:00 - 9:50 am
	13 & Up	9:50-10:45 am
S3	Minis:	7:30 - 10:30 am

CONTACTS:

Team Representatives:	
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website: www.cottontailpool.com	

Meet Arrival and Warm-Up Times:

		Saturday	Monday
HOME	Arrive	7:40 AM	5:10 PM
	Warm-ups	8:00 AM	5:30 PM
AWAY	Arrive	8:00 AM	5:35 PM
	Warm-ups	8:25 AM	5:55 PM
	Start	9:00 AM	6:30 PM

NVSL Website: <http://mynvsl.com>